



In a lot of ways things that are permanent help make things more efficient. So if we can establish a few fixed points, what we call fix points, we can build fluid systems around them. Choosing things that appear permanent to us on our level of existence can be practically helpful. Just like speed limits and legal legislations. They just help us.

The habit is to see something as being permanent and another thing as impermanent, perhaps reaching out for permanence as a way of comfort or of reassurance.